



Grow a  
Greener  
Garden

## Garden and Landscape Plant Finder



### **Pink Cotton Candy Betony**

*Stachys officinalis* 'Pink Cotton Candy'

Plant Height: 8 inches

Flower Height: 24 inches

Spread: 20 inches

Spacing: 15 inches

Sunlight: ○

Hardiness Zone: 4a

#### **Description:**

This variety is valued for its attractive and long lasting floral display; tall spikes covered with cotton candy pink blooms; great as a garden accent, groundcover, or massed in borders; needs some shade in southern climates

#### **Ornamental Features**

Pink Cotton Candy Betony has masses of beautiful spikes of pink tubular flowers rising above the foliage from early to mid summer, which are most effective when planted in groupings. Its serrated heart-shaped leaves remain forest green in color throughout the season.

#### **Landscape Attributes**

Pink Cotton Candy Betony is a dense herbaceous perennial with tall flower stalks held atop a low mound of foliage. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Pink Cotton Candy Betony is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Container Planting



*Pink Cotton Candy Betony flowers*  
Photo courtesy of NetPS Plant Finder

**BRUNSWICK**  
422 Bath Road  
Brunswick, ME 04011  
1-800-339-8111  
207-442-8111

**FALMOUTH**  
89 Foreside Road  
Falmouth, ME 04105  
1-800-244-3860  
207-781-3860

**CUMBERLAND**  
201 Gray Rd (Route 100)  
Cumberland, ME 04021  
1-800-348-8498  
207-829-5619



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### Planting & Growing

Pink Cotton Candy Betony will grow to be about 8 inches tall at maturity extending to 24 inches tall with the flowers, with a spread of 20 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Pink Cotton Candy Betony is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

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