



Grow a
Greener
Garden

Garden and Landscape Plant Finder



Rock And Roll Astilbe

Astilbe 'Rock And Roll'

Plant Height: 16 inches

Flower Height: 24 inches

Spread: 12 inches

Spacing: 12 inches

Sunlight: ● ●

Hardiness Zone: 3a

Other Names: False Spirea

Description:

Striking white colored plumes rising above glossy leaves; perfect in a shady spot with dappled light; prefers moisture so water regularly for abundant flowers and nice foliage

Ornamental Features

Rock And Roll Astilbe has masses of beautiful plumes of white flowers at the ends of the stems from early to mid summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its deeply cut ferny compound leaves remain dark green in color throughout the season. The fruit is not ornamentally significant.

Landscape Attributes

Rock And Roll Astilbe is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Rock And Roll Astilbe is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Container Planting



Rock And Roll Astilbe flowers
Photo courtesy of NetPS Plant Finder

BRUNSWICK
422 Bath Road
Brunswick, ME 04011
1-800-339-8111
207-442-8111

FALMOUTH
89 Foreside Road
Falmouth, ME 04105
1-800-244-3860
207-781-3860

CUMBERLAND
201 Gray Rd (Route 100)
Cumberland, ME 04021
1-800-348-8498
207-829-5619



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Planting & Growing

Rock And Roll Astilbe will grow to be about 16 inches tall at maturity extending to 24 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years.

This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth. It is very fussy about its soil conditions and must have rich, acidic soils to ensure success, and is subject to chlorosis (yellowing) of the leaves in alkaline soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Rock And Roll Astilbe is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

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