



Grow a  
Greener  
Garden

## Garden and Landscape Plant Finder



### Fluffy Ruffles Boston Fern

*Nephrolepis exaltata* 'Fluffy Ruffles'

Height: 18 inches

Spread: 24 inches

Spacing: 12 inches

Sunlight: ○ ● ●

Hardiness Zone: 10b

Other Names: Sword Fern, Tuber Ladder Fern, Fishbone Fern

#### Description:

Elegant, finely-toothed, soft, ruffled fronds that form a tidy, dense clump; very decorative and great in hanging baskets or containers; mist regularly and provide source for humidity when grown indoors; display outdoors in warmer weather

#### Ornamental Features

Fluffy Ruffles Boston Fern's attractive crinkled ferny pinnately compound leaves emerge light green in spring, turning forest green in color the rest of the year on a plant with an upright spreading habit of growth.

#### Landscape Attributes

Fluffy Ruffles Boston Fern is a dense herbaceous evergreen fern with an upright spreading habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This plant will require occasional maintenance and upkeep, and should not require much pruning, except when necessary, such as to remove dieback. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Suckering

Fluffy Ruffles Boston Fern is recommended for the following landscape applications;

- Accent
- Mass Planting
- Container Planting
- Hanging Baskets



*Fluffy Ruffles Boston Fern in full*  
Photo courtesy of NetPS Plant Finder

**BRUNSWICK**  
422 Bath Road  
Brunswick, ME 04011  
1-800-339-8111  
207-442-8111

**FALMOUTH**  
89 Foreside Road  
Falmouth, ME 04105  
1-800-244-3860  
207-781-3860

**CUMBERLAND**  
201 Gray Rd (Route 100)  
Cumberland, ME 04021  
1-800-348-8498  
207-829-5619



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### Planting & Growing

Fluffy Ruffles Boston Fern will grow to be about 18 inches tall at maturity, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 20 years. As an evergreen perennial, this plant will typically keep its form and foliage year-round.

This plant performs well in both full sun and full shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Fluffy Ruffles Boston Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor containers and hanging baskets. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a canvas of foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, this plant may be too tender to survive the winter if left outdoors in a container. Contact our experts for more information on how to protect it over the winter months.

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