



Grow a  
Greener  
Garden

## Garden and Landscape Plant Finder



### **Victoriae Lady Fern** *Athyrium filix-femina 'Victoriae'*

Height: 24 inches

Spread: 24 inches

Sunlight: ● ●

Hardiness Zone: 4a

Other Names: Victoria Lady Fern

#### **Description:**

Attractive bright green fronds presenting criss-crossed leaflets, leading up to crested tips; compact, dense; perfect for shady spots; beautiful when massed on the edges of ponds or streams; a luminous shade garden plant that has a unique texture

#### **Ornamental Features**

Victoriae Lady Fern is primarily valued in the garden for its cascading habit of growth. Its attractive ferny bipinnately compound leaves remain lime green in color throughout the season.

#### **Landscape Attributes**

Victoriae Lady Fern is a dense herbaceous fern with a shapely form and gracefully arching fronds. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and usually looks its best without pruning, although it will tolerate pruning. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Victoriae Lady Fern is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting



*Victoriae Lady Fern foliage*  
Photo courtesy of NetPS Plant Finder

**BRUNSWICK**  
422 Bath Road  
Brunswick, ME 04011  
1-800-339-8111  
207-442-8111

**FALMOUTH**  
89 Foreside Road  
Falmouth, ME 04105  
1-800-244-3860  
207-781-3860

**CUMBERLAND**  
201 Gray Rd (Route 100)  
Cumberland, ME 04021  
1-800-348-8498  
207-829-5619



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### Planting & Growing

Victoriae Lady Fern will grow to be about 24 inches tall at maturity, with a spread of 24 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 15 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is particular about its soil conditions, with a strong preference for rich, acidic soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Victoriae Lady Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

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